

Distribution Date	June 29, 2026
To	PPOC.All; Committee.Training.All
CC	Consortium.RegionalManagers.All; Consortium.SectionDirectors; BenefitsCal.Advocate.Coleads
CIT Name	CalSAWS BenefitsCal Quick Guide – CalFresh ABAWD Work Requirements

PPOCs, please forward to the appropriate impacted staff in your county:

- | | |
|--|---|
| ☒ General | ☐ Reports |
| ☒ Policy | ☐ Fiscal |
| ☐ CW | ☐ Caseload Movement |
| ☒ CF | ☐ Management |
| ☐ MC | ☐ Batch and Interfaces |
| ☐ CMSP | ☐ Fiscal |
| ☐ FC/KG/AAP | ☐ GA/GR |
| ☐ Child Care | ☐ Help Desk |
| ☐ WtW | ☐ Imaging |
| ☐ Other Program(s): | ☐ Security |
| ☒ BenefitsCal | ☐ Task Management |
| ☐ Customer Correspondence | ☐ Technical |
| ☐ OCAT | ☒ Training |
| ☐ Other_____ | |

Description

Purpose

The purpose of this County Information Transmittal (CIT) is to inform Counties of the availability of the **BenefitsCal Quick Guide: CalFresh ABAWD Work Requirements**, which is available on the BenefitsCal section of CalSAWS.org.

Background

The federal government's rules regarding CalFresh Work Requirements for Able-Bodied Adults Without Dependents (ABAWD) changed effective June 1, 2026. BenefitsCal was updated to support these requirements, including functionality within the application, recertification, dashboard, and support request processes.

CalSAWS Quick Guides are developed to provide supplemental training and reference materials for County staff, community partners, and the public. These guides include step-by-step instructions and screenshots to support understanding of system functionality and business processes.

	Additional Information The BenefitsCal Quick Guide: CalFresh ABAWD Work Requirements provides information and step-by-step instructions regarding CalFresh work requirements for Able-Bodied Adults Without Dependents (ABAWD). The guide includes screenshots and examples to help users understand and navigate related BenefitsCal functionality. Topics covered in the guide include: • Overview of ABAWD work requirements and exemptions • ABAWD-related questions presented during an application and renewal • Reporting work activities and exemptions • Viewing ABAWD Time Limit information on the Customer Dashboard • Viewing ABAWD Time Limit details and countable month history • Requesting support related to ABAWD Time Limits, including: – Requesting an exemption – Reporting how work requirements are being met – Reporting a drop in hours – Requesting a review or correction of Time Limit history The Quick Guide is available on the BenefitsCal section of the CalSAWS website and may be used as a reference resource by County staff, community partners, and the public: https://www.calsaws.org/benefitscal/ County Actions Please distribute this CIT and the BenefitsCal Quick Guide: CalFresh ABAWD Work Requirements to appropriate County staff and community partners. Copy your Regional Manager(s) on any questions you might send to the Primary or Backup Project Contact.
Primary Project Contact	Marsale Eramya Business Analyst EramyaM@CalSAWS.org
Backup Project Contact	Carrie White Lead Business Analyst WhiteC@CalSAWS.org
Attachments	CIT 0110-26 BenefitsCal Quick Guide – CalFresh ABAWD Work Requirements.pdf
Web Portal Link	 OR You may also retrieve the CIT document and attachments by following these steps: 1. Hover over the Communications & Resources tab at the top of the page. 2. Click on the "CalSAWS Information Transmittal (CIT)" folder. 3. Click on the "2026" folder. 4. Click on the appropriate CIT # folder.